

Ham Radio Community Chapter US Amateur Bands		
160 METERS		
General Advanced Extra	CW, RTTY, Data, SSB(Phone), Image	1.800- 2.000 Mhz
<p>Amateur station operating at 1.900-2.000 Mhz must not cause harmful interference to the radiolocation service and are afforded no protection from radiolocation operations.</p> <p><b>Considerate Operator's Frequency Guide</b></p> <p>1.800-1.830 CW, data and other narrowband modes. 1.810 QRP CW calling frequency.</p> <p>1.830-1.840 CW, data and other narrowband modes, intercontinental QSOs only.</p> <p>1.840-1.850 CW; SSB, SSTV and other wideband modes, intercontinental QSOs only</p> <p>1.850-2.000 CW; phone, SSTV and other wideband modes 1.910 QRP SSB calling frequency.</p>		
80 METERS		
Novice Tech w/5wpm	CW Only	3.675 - 3.725 Mhz
General	CW, RTTY, Data SSB(Phone), CW, Image	3.525 - 3.750 Mhz 3.850 - 4.000 Mhz
Advanced	CW, RTTY, Data SSB(Phone), CW, Image	3.525 - 3.750 Mhz 3.775 - 4.000 Mhz
Extra	CW, RTTY, Data SSB(Phone), CW, Image	3.500 - 3.750 Mhz 3.750 - 4.000 Mhz
<p>5.167.5 Mhz (SSB Only): Alaska emergency use only.</p> <p><b>Considerate Operator's Frequency Guide</b></p> <p>3.560 QRP CW calling frequency. 3.590 RTTY DX.</p> <p>3.580-3.620 Data.</p> <p>3.620-3.635 Automatically controlled data stations. 3.710 QRP Novice/Technician CW calling frequency.</p> <p>3.790-3.800 DX window. 3.845 SSTV. 3.885 AM calling frequency. 3.985 QRP SSB calling frequency.</p>		
40 METERS		

Novice Tech w/5wpm	CW Only	7.100 - 7.150 Mhz
General*	CW, RTTY, Data SSB(Phone), CW, Image	7.025 - 7.150 Mhz 7.225 - 7.300 Mhz
Advanced*	CW, RTTY, Data SSB(Phone), CW, Image	7.025 - 7.150 Mhz 7.150 - 7.300 Mhz
Extra*	CW, RTTY, Data SSB(Phone), CW, Image	7.000 - 7.150 Mhz 7.150 - 7.300 Mhz
<p>* Phone operation is allowed on 7.025 - 7.100 Mhz in Puerto Rico, US Virgin Islands and areas of the Caribbean south of 20° north latitude; and in Hawaii and areas near ITU Region 3, including Alaska.</p> <p><b>Considerate Operator's Frequency Guide</b>  7.040 RTTY DX; QRP CW calling frequency.  7.080-7.100 Data.  7.100-7.105 Automatically controlled data stations.  7.110 QRP Novice/Technician CW calling frequency.  7.171 SSTV.  7.285 QRP SSB calling frequency.  7.290 AM calling frequency.</p>		
30 METERS		
General	CW, RTTY, Data	10.100 - 10.150 Mhz
Advanced	CW, RTTY, Data	10.100 - 10.150 Mhz
Extra	CW, RTTY, Data	10.100 - 10.150 Mhz
<p>Maximum power on 30 meters is 200 watts PEP output. Amateurs must avoid interference to the fixed service outside the US.</p> <p><b>Considerate Operator's Frequency Guide</b>  10.106 QRP CW calling frequency.  10.130-10.140 Data.  10.140-10.150 Automatically controlled data stations.</p>		
20 METERS		
General	CW, RTTY, Data SSB(Phone), CW, Image	14.025 - 14.150 Mhz 14.225 - 14.350 Mhz
Advanced	CW, RTTY, Data SSB(Phone), CW, Image	14.025 - 14.150 Mhz 14.175 - 14.350 Mhz
Extra	CW, RTTY, Data SSB(Phone), CW, Image	14.000 - 14.150 Mhz 14.150 - 14.350 Mhz

**Considerate Operator's Frequency Guide**

14.060 QRP CW calling frequency.  
 14.070-14.095 Data.  
 14.095-14.0995 Automatically controlled data stations.  
 14.100 NCDXF/IARU beacons.  
 14.100-14.112 Automatically controlled data stations.  
 14.230 SSTV.  
 14.285 QRP SSB calling frequency.  
 14.286 AM calling frequency.

## 17 METERS

General	CW, RTTY, Data	18.068 - 18.110 Mhz
Advanced	SSB(Phone), CW, Image	18.110 - 18.168 Mhz
Extra		

**Considerate Operator's Frequency Guide**

18.100-18.105 Data.  
 18.105-18.110 Automatically controlled data stations.

## 15 METERS

Novice	CW Only	21.100 - 21.200 Mhz
Tech w/5wpm		
General	CW, RTTY, Data	21.025 - 21.200 Mhz
	SSB(Phone), CW, Image	21.300 - 21.450 Mhz
Advanced	CW, RTTY, Data	21.025 - 21.200 Mhz
	SSB(Phone), CW, Image	21.225 - 21.450 Mhz
Extra	CW, RTTY, Data	21.000 - 21.200 Mhz
	SSB(Phone), CW, Image	21.200 - 21.450 Mhz

**Considerate Operator's Frequency Guide**

21.060 QRP CW calling frequency.  
 21.070-21.100 Data.  
 21.090-21.100 Automatically controlled data stations.  
 21.340 SSTV.  
 21.385 QRP SSB calling frequency.

## 12 METERS

General	CW, RTTY, Data	24.890 - 24.930 Mhz
Advanced	SSB(Phone), CW, Image	24.930 - 24.990 Mhz
Extra		

**Considerate Operator's Frequency Guide**

24.920-24.925 Data.		
24.925-24.930 Automatically controlled data stations.		
10 METERS		
Novice	CW, RTTY, Data	28.100 - 28.300 Mhz
Tech w/5wpm	SSB(Phone), CW	28.300 - 28.500 Mhz
General	CW, RTTY, Data	28.000 - 28.300 Mhz
Advanced	SSB(Phone), CW, Image	28.300 - 29.700 Mhz
Extra		
<p>Novices and Technicians are limited to 200 watts PEP output on 10 meters.</p> <p><b>Considerate Operator's Frequency Guide</b></p> <p>28.060 QRP CW calling frequency.</p> <p>28.070-28.120 Data.</p> <p>28.120-28.189 Automatically controlled data stations.</p> <p>28.190-28.225 Beacons.</p> <p>28.385 QRP SSB calling frequency.</p> <p>28.680 SSTV.</p> <p>29.000-29.200 AM.</p> <p>29.300-29.510 Satellite downlinks.</p> <p>29.520-29.580 Repeater inputs.</p> <p>29.600 FM simplex.</p> <p>29.620-29.680 Repeater outputs.</p>		
6 METERS		
Novice	CW, RTTY, Data, MCW,	50.1 - 55.0 Mhz
Tech w/5wpm	Test, SSB(Phone), Image	
Tech No Code		
General		
Advanced	CW Only	50.0 - 50.1 Mhz
Extra		
2 METERS		
Novice	CW, RTTY, Data, MCW,	144.1 - 148.0 Mhz
Tech w/5wpm	Test, SSB(Phone), Image	
Tech No Code		
General		
Advanced	CW Only	144.0 - 144.1 Mhz
Extra		
1.25 METERS		
Novice		

Tech w/5wpm Tech No Code General Advanced Extra	CW, RTTY, Data, MCW, Test, SSB(Phone), Image	222.0 - 225.0 Mhz
Novices are limited to 25 watts PEP output from 222 to 225 Mhz.		
70 CENTIMETERS		
Novice Tech w/5wpm Tech No Code General Advanced Extra	CW, RTTY, Data, MCW, Test, SSB(Phone), Image	420.0 - 450.0 Mhz

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